

O'NEILL Challenge- Year 7

- To successfully complete the O'Neill challenge you need to complete a minimum of **eleven** challenges. You need to complete all of the three academic challenges and then make up the remainder from the other areas.
- You need to have completed at least one challenge from each of the other areas.
- With the help of your parents and teachers you may write your own challenges or modify existing challenges. They must be approved by your teacher.
- It is up to you to meet with your teacher and show that you have completed each challenge.
- It is **quality** not **quantity** that counts so take your time to do each challenge with excellence!
- The completion date for the O'Neill Challenge **Friday 10th November 2017.**



Congratulations ! You are taking part in the O'Neill Challenge for 2017

The tasks are designed to test you and challenge you to do your very best, some over a long period of time. Keep talking to your class teacher about the challenges you are working on, and remember to keep a record of your work so when you have finished one task, you have your evidence of learning to present.

Good luck and enjoy doing some work which interests you.



Giving:

- | | Self | Parent | Teacher |
|--|--------------------------|--------------------------|--------------------------|
| G1. Give to children in need: Participate in the 20 or 40 Hour famine. Raise a minimum of \$50. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| G2. Give to your family: Prepare 10 meals over the course of the year. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| G3. Give to those in need: Find a significant way to help those in need food collection for Salvation Army, City Mission etc). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| G4. Give your time: Over the year spend at least 15 hours volunteering (e.g. St Johns, IHC, SPCA, daffodil day). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| G5. Give your skills to help others: complete a First Aid Course or join surf life saving to help others or coach or umpire at a junior level. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| G6. Design your own challenge. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |



Service in School and Community:

- | | Self | Parent | Teacher |
|---|--------------------------|--------------------------|--------------------------|
| S1. Improve your skills: Continue as a librarian and help train others. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| S2. Take on responsibility and keep it for the year (e.g. COW monitor, road patrol and wet day monitor). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| S3. Help make our school look great: Choose an area of the school and improve it. (e.g. adopt a garden) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| S4. Care for younger children: Organise a series of eight lunchtime activities, games or competitions for younger students. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| S5. Join a community group and help others (e.g. cubs/scouts/ church group etc). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| S6. Design your own sustainability challenge . | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |



Physical Activity and the Outdoors:

- | | Self | Parent | Teacher |
|--|--------------------------|--------------------------|--------------------------|
| P1. Improve your fitness: Over a five week period complete a run or walk at least 50km or cycle 100km. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| P2. Improve your swimming: Swim a total of 600m non stop. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| P3. Explore the outdoors: Complete a day or overnight hike | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| P4. Undertake and compete in an public event (e.g. triathlon, round the bays, soap box derby, Auckland 1/2 or 1/4 marathon). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| P5. Compete in a sport for an entire season. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| P6. Represent your school in two of the zone field days in softball, swimming, orienteering, soccer, cross country, touch and athletics. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| P7. Design your own challenge. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |



Academic Excellence:

- | | Self | Parent | Teacher |
|---|--------------------------|--------------------------|--------------------------|
| A1. Complete 80% of set numeracy tasks. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| A2. Complete 80% of set literacy tasks (Reading/Writing/ Spelling). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| A3. Read at least two appropriate novels per term. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| A4. Design your own challenge . | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |



Excellence in the Arts:

- | | Self | Parent | Teacher |
|---|--------------------------|--------------------------|--------------------------|
| E1. Prepare, practice and present a high quality speech | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| E2. Create a presentation using ICT. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| E3. Learn an instrument or join a dance school and present at an assembly. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| E4. Choose a topic and present your visual interpretation in at least 3 different media (e.g. painting, sculpture, tapestry). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| E5. Write and present a short play for a senior assembly. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| E6. Participate in the choir, kapa haka, band/ukulele or kids lit. for the year attending all rehearsals and performances. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| E7. Design your own challenge. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |